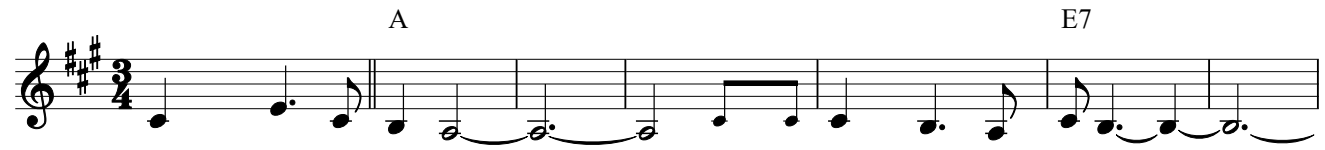


One Day At A Time

Words and Music by
Marijohn Wilkin and Kris Kristofferson

VERSE

A E7



1. I'm on - ly hu - man. I'm just a wo-man.
2. Do You re-mem-ber when You walked a - mong men?

8 A



Help me be - lieve in what I could be and all that I am.
Well, Je - sus, You know if You're look-ing be - low that it's worse now than then.

15 A7 D



Show me the stair-way I have to climb.
Push - in' and shov-in', crowd-ing my mind.

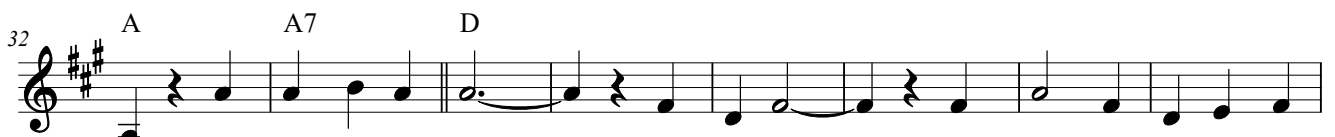
24 A E7 A D



Lord, for my sake, teach me to take one day at a time.
So, for my sake, Lord, teach me to take one day at a time.

CHORUS

32 A A7 D



One day at a time, sweet Je - sus; That's all I'm ask-ing from

40 A E7 A



You. Just give me the strength to do ev-'ry day what I have to do.

49

A7 D

Yes-ter-day's gone, sweet Je - sus, and to-mor-row may

57

Bm A E7

nev-er be mine. Lord, help me to - day, show me the way, one day at a

66

A

time.